



LONDON COACHING FOUNDATION

presents

# "B-inspired2"

Free Events  
Coming Autumn '08  
Pre-sign Now !!

Don't Miss Out !!  
Your Chance to be Inspired  
& Make a Difference

For 11-19 Year Olds

## Urban Athletics League

Choice from 10 Run, Throw & Jump Olympic Events



For 11-25 Year Olds

## Learn to Volunteer

Training and cash to set up your own local events



For 7 - 18 Year Olds

## Have a Go Days

4 Events across London Coaching & Fun with the Best



Click here to register your interest or email: [enquiries@londoncoaching.org](mailto:enquiries@londoncoaching.org)  
Call: 0207 692 4833 9:00 a.m. – 5:00 p.m. (Mon to Fri)

Sponsored By:



The Foundation for Sport and the Arts